



JENITHA . J

Thoothukudi district -628705
+1918838226459 | jenithaferdo@gmail.com

Objective

As a recent graduate, I am seeking a role which allows me to continue learning and perfecting my skills as I provide high-quality work, and encourages me to flourish as a dietician or in medical science industry.

Education

- **Lions matriculation higher secondary school** 2019
Grade X
80%
- **Lions matriculation higher secondary school** 2021
Grade XII
90%
- **Sarah tucker college** 2025
B.sc Food science and Nutrition.,
83%

Skills

- Good communication skill
- Basic computer knowledge
- MS microsoft & excel
- Medical nutrition therapy
- Diet counselling & menu planning
- Nutritionist assessment
- Critical thinking
- Nutrition expertise

My Custom Section

- **INTERNSHIP**
I completed my 1 month internship in meenakshi mission hospital, madurai.
We assessed patients case study and provided diet counselling.
We planned medical nutrition therapy diet menu plans for several disease conditions.

Projects

- **A comparative study of nutrition in enhancement of weightlifters performance and nutritional abuse by fitness practitioners**
I completed a project about a comparative lifestyle of weightlifters natural intake of nutrition through food & they are abused by the fitness practitioners in which they are encouraged to intake nutrition enhancement substances.

Languages

- English
- Tamil